

dinner

appetizer



Soup of the Day	5 / 6.5
Quesadilla • Wild Acres Natural Chicken, Roasted Vegetable Spread, Amish Cheddar. Mint Salsa / Veg. Option	9.5 / 8.5
Fresh Peeky Toe Crab & Avocado Salad • Basil-Lime Vinaigrette	8.5
Wild Acres Duck & Chicken Liver Paté • Croutons, Pickles, Vegetables	8.5
Savory Wild Mushroom, Pistachio Terrine • Fruit Chutney, Mustard Sauce, Croutons, Cornichons	8
Spoon Dips • Preserved Lemon Hummus - Roasted Red Pepper - Walnut Paté, Vegetables, Olives, Focaccia	8.5
Greens Salad • Sunflower Sprouts, Pumpkin Seeds, Tarragon Vinaigrette	6.5
Spiced Olives	5.5

entree

Fresh Seafood • Vegetarian Special	
Sunshine Harvest Grass-Fed Beef • Daily Special, Vegetable	Open
New Caledonia Shrimp or Grass Fed Steak Salad • Rice Noodles, Vegetables, Herbs, Lemongrass Dressing	22 / 15
House Made Egg Pappardelle • Tomato, Olives, Garden Greens, Chevre Cheese, Fresh Herbs	16.5
SW Mock Duck Taco • Spiced Organic Mock Duck, Cheddar, Salsa, Grain, Green Salad, Avocado Sour Cream	16.5

salads and light entrees

Thai Duck Udon Salad • Shredded Duck Confit, Noodles, Peanut-Lemongrass Dressing, Vegetable Salad, Cherry Vinaigrette. <i>Vegetarian Option with Mock Duck</i>	15
Greek Salad • Greens, Cucumber, Olives, Tomato's, Pepperoncini, French Sheep Feta, Red Onion Greek or Caesar available with Free Range Chicken Breast	9 / 13 + 5
Caesar Salad	9 / 12
Nicoise Salad • Tuna, Tomato, Olives, Green Beans, Egg, Red Onion, Crouton, Greens, Vinaigrette, Herb Mayo	14.5
Mediterranean Salad • Minted Lentils, Feta, Cucumbers, Artichoke, Sweet Peppers, Olives, Greens	14.5
Local Charcuterie Plate • Bison Sausage, Fischer Farms Ham, Wild Acres Duck & Chicken Liver Paté, Beef Tongue, Prairie Breeze Cheddar, Pickled Vegetables	15
Brenda Burger • Homemade Vegetable, Rice & Nut Burger, Tomato, Lettuce, Pickle, Chips. <i>Add Cheese + 1</i>	12.5
Spoon Burger • Minnesota Farm Lamb, House Ketchup, Corn Chips / or substitute salad + 2	13
Mahi Mahi Sandwich • House Tartar, Lettuce, Tomato on Bun. Corn Chips / or substitute salad + 2	13
Bread Basket 2	
Braised Kale 5.5	
Brown Rice with Pumpkin Seeds	4.5

beverages

Organic Guatemalan Coffee • Espresso	3
Cappuccino • Latté	3.5
House Blend Teas • Black, Green, Toffee Almond Black, Herbal Peppermint	3
Iced Tea • House Lychee Blend	3
Juices • Cranberry, Lemonade, Apple, Mango, Organic Orange	3.5
Sodas • China Cola, Zevia Cola, Ginger Brew, Root Beer, Aranciata, Lemonata, Pomegranate	3
Italian Surgiva Sparkling • Still Water	3